



Probation Service Definition

ADMINISTRATIVE OFFICE OF PROBATION

SERVICE NAME	Psychological Evaluation <input type="checkbox"/> Adult <input checked="" type="checkbox"/> Juvenile
Category	Mental Health
Setting	Professional office environment in a mental health center, substance use treatment center or private practice appropriate to the provision of evaluation/assessment services.
Facility License	As required by Nebraska Department of Health and Human Services (NDHHS) Division of Public Health, if in a mental health center, the center must be licensed by the Nebraska Department of Health and Human Services, Division of Public Health.
Service Description	<ul style="list-style-type: none">• Evaluation consists of a biopsychosocial assessment and not more than 5 hours of psychological testing. Standardized testing is utilized to assess a youth's psychological or cognitive functioning• Psychological testing may be completed at the onset of treatment to assist with necessary differential diagnosis issues and/or to help resolve specific treatment planning questions. It also may occur later in treatment if the individual's condition has not progressed since the initial treatment plan and there is no clear explanation for the lack of improvement• Psychological testing is based on objective, specific question(s) that need to be answered. It involves the administration of one or more standardized psychological tests and measurements, instruments or procedures to observe and record human behavior. This requires the application of appropriate normative data for interpretation or classification of results applied to the youth tested
Service Expectations	<ul style="list-style-type: none">• A basic biopsychosocial evaluation and written report should be completed following the standardized psychological reporting format. The recommendations from the evaluation will identify the specific need for and reasons why psych testing is needed• The primary focus of psychological evaluation is the psychological testing. Requested tests must be standardized, valid and reliable in order to answer the specific clinical question for the specific population under consideration. The most recent version of the test must be used, except as outlined in Standards for Educational and Psychological Testing™

	<ul style="list-style-type: none"> • Psychological testing may include the following: <ul style="list-style-type: none"> ▪ Intelligence/achievement; cognitive abilities ▪ Personality ▪ Aptitudes and Attitudes ▪ Neuropsychological functioning (linked to brain structure or pathway; assesses impairment after injury or illness known to affect neurocognitive functioning) • The testing results based on the referral question(s) must be reasonably anticipated to provide information that will effectively guide the course of appropriate treatment • Results of testing are scored, interpreted and a formal report explains the testing in writing. The report is sent to the referring clinician/agency for use in treatment planning. Every consumer, family, youth is entitled to a clear explanation of the results of testing and recommendations for treatment • Examples of psychological tests that may be used include: <ul style="list-style-type: none"> (1) Individual tests to evaluate cognitive and intellectual abilities: <ul style="list-style-type: none"> a. The Wechsler series b. The Stanford-Binet c. The Kaufman Assessment Battery for Children (2) Individual, objective, and projective tests of personality and emotional states and traits: <ul style="list-style-type: none"> a. The Minnesota Multiphasic Personality Inventory b. The Millon Clinical Multiaxial Inventory c. The Millon Adolescent Clinical Inventory d. Projective techniques including: <ul style="list-style-type: none"> • The Rorschach Ink Blots • Thematic Apperception Test • The Holtzman Ink Blots (3) Individual tests of neuropsychological functioning: <ul style="list-style-type: none"> a. The Halstead-Reitan Battery b. The Luria-Nebraska Battery c. The Lezak or Kaplan Battery
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	d. The NEPSY
Service Frequency	Evaluation and testing should be completed as soon as possible after requested. The psychological testing should not need to be completed more than once unless there is a major change in the youth's symptoms and behaviors.
Length of Stay	The formal psychological evaluation typically takes up to 2 hours and the testing typically will be conducted within 2-3 hours, with the total not to exceed 5 hours. The evaluation and testing should occur within 36-48 hours of receipt of referral.
Staffing	<ul style="list-style-type: none"> • A licensed doctoral-level psychologist (Ph.D., Psy.D. or Ed.D.) or medical psychologist as permitted by applicable state law, who is licensed in the State of Nebraska • Psychology clinician within their scope of practice and licensed in the State of Nebraska: <ul style="list-style-type: none"> ▪ Licensed psychologist ▪ Provisionally licensed psychologist • Psychologist must have experience with youth
Staff to Client Ratio	1 psychologist to 1 youth
Hours of Operation	In an office setting during day or evening hours, weekends or by special appointment at other hours, if necessary.
Service Desired Outcomes	<ul style="list-style-type: none"> • Psychological test results provide additional data and information to assist with development of the treatment plan. • Youth completes all tests requested. • Youth, family and/or caregiver are informed of the test results and how they will help develop an age-appropriate treatment plan. • Testing results provide guidance for treatment plan strategies and are incorporated into the initial Evaluation
Unit and Rate	Per hour (up to 5 hours)

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